

The Christaraksha

May the cross of the Son of God,
which is mightier than all the hosts of Satan,
and more glorious than all the hosts of heaven,
abide with us in our going out and our coming in.
By day and by night, at morning and at evening,
at all times and in all places
may it protect and defend us.
From the wrath of evildoers,
from the assaults of evil spirits,
from foes visible and invisible,
from the snares of the devil,
from all passions that beguile the soul and body;
may it guard, protect and deliver us.
Amen.

The Lord's Prayer

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

The Conclusion

In peace we will lie down and sleep;
All for you alone, Lord, make us dwell in safety.

Abide with us, Lord Jesus,
for the night is at hand and the day is now past.
As the night watch looks for the morning,
so do we look for you, O Christ.

The Lord bless us and watch over us;
the Lord make his face shine upon us
and be gracious to us;
the Lord look kindly on us and give us peace.
Amen.

A Service of Compline

*The ancient office of Compline derives its name from a Latin word meaning 'completion'.
It is a service of quietness and reflection
before rest at the end of the day.*



Preparation

The Lord almighty grant us a quiet night
and a perfect end.
Amen.

Our help is in the name of the Lord
who made heaven and earth.

Silence is kept.

**Most merciful God,
we confess to you,
before the whole company of heaven
and one another,
that we have sinned in thought, word and deed
and in what we have failed to do.
Forgive us our sins,
heal us by your Spirit
and raise us to new life in Christ.
Amen.**

O God, make speed to save us.
O Lord, make haste to help us.

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

The Word of God

O God, you are my God; earnestly I seek you;
my soul thirsts for you;
my flesh faints for you,
as in a dry and weary land where there is no
water.

So I have looked upon you in the sanctuary,
beholding your power and glory.
Because your steadfast love is better than life,
my lips will praise you.
So I will bless you as long as I live;
in your name I will lift up my hands.
My soul will be satisfied as with fat and rich food,
and my mouth will praise you with joyful lips,
when I remember you upon my bed,
and meditate on you in the watches of the night;
for you have been my help,
and in the shadow of your wings I will sing for
joy.
My soul clings to you;
your right hand upholds me.

Psalm 63

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning, is now
and shall be for ever.
Amen.**

Be still and know that I am God.

Reading

You, O Lord, are in the midst of us and we are
called by your name; leave us not, O Lord our God.
Jeremiah 14.9

(or)

Be sober, be vigilant, because your adversary the
devil is prowling round like a roaring lion, seeking
for someone to devour. Resist him, strong in the
faith.

1 Peter 5.8, 9

Into your hands, O Lord, I commend my spirit.
For you have redeemed me, Lord God of truth.
Into your hands, O Lord, I commend my spirit.
Keep me as the apple of your eye.
Hide me under the shadow of your wings.

Nunc dimittis

**Save us, O Lord, while waking,
and guard us while sleeping,
that awake we may watch with Christ
and asleep may rest in peace.**

Lord, now lettest thou thy servant depart in peace
according to thy word.
For mine eyes have seen thy salvation;
Which thou hast prepared before the face of all
people;
To be a light to lighten the Gentiles and to be the
glory of thy people Israel

Luke 2.29-32

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

**Save us, O Lord, while waking,
and guard us while sleeping,
that awake we may watch with Christ
and asleep may rest in peace.**

Prayers

The Examen

In silence, we ask ourselves the questions of the

What am I thankful for today?
Where have I seen God at work today?
What has been difficult today?
What do I need to say sorry for today?

Silent prayer

The Collect

Visit this place, O Lord, we pray
and drive far from it the snares of our enemy;
may your holy angels dwell with us
and guard us in peace.
and may your blessing always be upon us;
through Jesus Christ our Lord.

Amen

Lighten our darkness, we beseech thee, O Lord;
and by thy great mercy defend us from all perils
and dangers of this night;
for the love of thy only Son, our Saviour Jesus
Christ.

Amen.